



UNIVERSITÀ
DI TORINO

WELCOME KIT

Support services for
study and inclusion

Welcome!

UniTo pays increasing attention to the well-being of students. The aim is to create inclusive contexts and improve the quality of university life, facilitating participation and cohesion.

Whether you attend the study courses at the central locations, or those activated at Alba, Aosta, Asti, Biella, Cuneo, Ivrea and Savigliano, we have prepared some useful information for you to make the most of this new adventure!

In this kit you will find information on the inclusion and support services that UNITO offers and on the reference roles with whom you can deal, for example if you are not sure whether the path you have chosen is the right one for you, if you need help in dealing with difficult situations, in organising your studies and preparing for exams, for your well-being and equal opportunities.

For each service, initiative or reference role, a link to the portal page is indicated, where you can find more information and how to request/access it.

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TABLE OF CONTENTS

Study support and inclusion services for UNITO students:

1. Study support services	4
SUPERA - Sportello UniTo PER la Riuscita Accademica	
Tutoring	
Services for students with disabilities	
Services for students with SLD	
Dual Career Programme for student-athletes	
Passport.Unito	
Infopoint	
2. Equal opportunities, welfare, assistance	11
Psychological support	
Counsellor	
CUG – Guarantee Committee	
Student representatives	
Alias Career	
Anti-violence desk	
3. Services for international students	17
Buddy Project	
Passi@UniTo	
Mentorship Project	

Study support services

SUPERA – UniTo desk for academic success

If you have **difficulties in organising your study and preparing for exams** you can refer to the SUPERA service.

Depending on individual needs, the service offers:

- courses on the study method in small groups
- courses on the study method with support for students with SLN
- individual orientation and re-orientation courses.
- interviews at the Listening Space of University.
- (re)assessment courses for possible learning disorders.

You can book an interview by writing to supera@unito.it

For further information : [Sportello UniTo PEr la Riuscita Accademica – SUPERA](#)

Tutoring

The University of Turin offers students a tutoring service with the aim of reducing and preventing drop-out rates, delayed studies and promoting active participation in university life in all its forms, through

- welcoming activities for prospective students such as the 'Welcome New Students' (meeting days organised by the study courses, dedicated to new students and scheduled during the first week of classes)
- support activities for first-year students by student tutors
- study assistance - in person and online - for enrolled students who need support in preparing for an examination
- advice on courses and study plans
- support in finding information.

For further information, consult the website of your [study course](#) or contact the tutoring desks of your [School](#) or [Department](#).

Services for students with disabilities

If you are a student with a temporary or permanent disability, the University of Turin **provides technical and/or teaching aids and specialised services** to encourage the creation of inclusive contexts and full participation in the various aspects of university life.

The services include: physical taking at university facilities; LIS (Italian Sign Language) communication assistance and interpreting; mediation with lecturers in view of examinations; customised projects for students with very severe disabilities and/or specific needs; computer workstations, equipped with specific aids/software, at the office premises; personal hygiene support for students with motor disabilities; texts in accessible format; peer tutoring; specialised tutoring.

For further information: [Services for students with disabilities](#).

You can also consult the Welcome New students' Kit dedicated to services for students with disabilities

Services for students with SLD

If you are a student with a specific learning disorder, the University of Turin **provides technical and/or educational aids and specialised services** to encourage the creation of inclusive contexts and full participation in the various aspects of university life.

Services include: mediation with lecturers in preparation for examinations; peer-to-peer tutoring; computer workstations, equipped with specific aids/software, at the Office premises; texts in accessible format; peer tutoring; specialised tutoring; free software supply.

For further information: [Services for students with SLD](#).

You can also consult the Welcome New Students Kit dedicated to services for students with SLD.

Dual Career programme for student-athletes

With its **Dual Career programme**, the University of Turin supports **high-level athletes in reconciling their competitive sporting commitments with their university careers** and safeguards the right to study for those who practise competitive sport with a targeted project that allows them to follow a university course that is also useful for their subsequent employment opportunities at the end of their competitive sporting career.

Facilitations are **envisaged for teaching** (e.g. agreeing ad hoc appointments in the event of sporting commitments and arrangements for making up absences from lessons from practical exercises, as well as an academic tutor identified by the relating department) and **financial benefits**.

For further information: [Dual Career Programme](#)

Passport.Unito

Passport.Unito is an online pathway that helps you recognise and promote the development of your **soft skills**.

After an initial self-assessment, you can follow self-reflection activities, reading-lessons, online exercises, videos and more.

At the end of the course, you can repeat the self-assessment to see if you have made progress, take a final test on your activities and receive a certificate of attendance.

Passport **is important to promote your academic success and to acquire the skills you need to enter the world of work.**

For more information: [Passport.Unito](https://passport.unito.it)

Infopoint

The Infopoint was created as **an information space** of the University where information is given on the functioning of the university structures and services, but also with specific functions to promote the University of Turin.

It is a young and welcoming environment where students, graduates, tourists and the curious citizens can get to know the University.

For further information: [Infopoint](#)

Equal opportunities, welfare and assistance

Psychological support

The University of Turin offers **free assistance** to students with **regard to their psychological problems**.

The psychological support service, through a professional relationship of help, offers an activity of support and accompaniment for the analysis, management of critical issues and the development of useful resources for a good quality of university life.

The service is provided in a **confidential location** independent of University and **involves a two-stage process: first the Listening Space** with a maximum of five interviews and then, if necessary, the continuation of support through the **Counselling service**.

For further information: [Psychological support](#)

Confidential Counsellor

The counsellor is the person institutionally appointed to provide information, advice and assistance free of charge to members of the university community (employees, students) who have been subjected to discrimination, harassment and injury to dignity or bullying.

For more information: [Confidential Counsellor](#)



CUG - Guarantee Committee

The Comitato Unico di Garanzia (CUG) for equal opportunities, the enhancement of the well-being of those who work and against discrimination is addressed to all those who work at this University.

The CUG's activities are aimed at ensuring that workers and students of the University of Turin enjoy **a serene study and working environment**, in which interpersonal relations are based on fairness and mutual respect for **personal freedom and dignity**, according to the University of Turin's Code of Conduct.

In particular the CUG:

- promotes a culture of equality and positive actions aimed at ensuring the removal of obstacles that, in fact, prevent the full realisation of equal opportunities in study and work between men and women
- accepts requests for support and takes action to remove and fight all forms of discrimination in accordance with the Code of Conduct.

For further information: [CUG - Comitato Unico di Garanzia](#)



Student representatives

Student representatives can offer support for any difficulties you may run during your period of study, with a commitment to ensure their presence and action in the various bodies of the University, in relation to teaching, the organisation of training activities and student services.

For further information: [Student Representatives](#)



Alias careers

The University of Turin, along with the CUG, puts in place protection measures for people who need a different name within the University than their personal one, by activating an alias career

For further information: [Alias career](#)



Anti-Violence Desk

The University of Turin is reinforcing its commitment to fight male violence against women by providing the university community and citizens with four anti-violence desks, protected listening spaces and support spaces.

The service is offered free of charge to all women who experience discomfort due to forms of bullying, abuse and violence that can occur both within and outside the university context.

For more information: [Anti-Violence Desk](#)



Services for international students

Buddy Project

With the 'Buddy Project – Do you need support-TO?' UniTo provides a welcome and assistance system for **international students enrolling on a course of study (degree-seeking) or undertaking a mobility period** at our University (exchange incoming).

New arrivals are supported by students of the University, who are regularly enrolled and have adequate language skills, in a peer-to-peer tutoring context.

Once you arrive in Italy, the buddy will enable you to **integrate more easily into your new environment** and to live your mobility or study experience to the full right from the start.

In addition, the buddy will help you to:

- receive information and clarify doubts on your path at UniTo.
- get to know libraries, study rooms, students registry offices, university canteens, sports activities, etc.

For further information: [Buddy Project](#)

Passi@UniTo

The Passi@UniTo Project aims at improving the academic integration process of **international students enrolled at UniTo, mainly coming from non-EU countries.**

Passi@UniTo is a **free psychological counselling** service and offers you a space to listen and understand the practical difficulties and emotional problems that may arise during your studies and experience in Turin.

For an appointment you can write to passi@unito.it

For more information: [Passi@UniTo - Counseling for international students](#)

Mentorship Project

Mentorship is a UniTo project aimed at international students who have embarked on a migration path or who are holders of protection. The aim of the project is to facilitate the academic integration of these students, raising awareness within the academic community and fostering social cohesion.

The Mentorship Project can offer you educational, administrative-legal, social and communication support.

The service is free of charge and available in Italian and foreign languages (English, French, Spanish).

For an appointment you can email mentorship@unito.it

For further information: [Mentorship Project](#)



UNIVERSITÀ DI TORINO

Unito Welcome Kit was laid out
using the highly readable
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Contents

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