



## **Visiting Professor Program Academic Year 2024/2025**

**TEACHING COMMITMENT:** 18 hours

**COURSE TITLE**

**Change, Performance and Sustainability**

**TEACHING PERIOD**

1st term

**SCIENTIFIC AREA**

Pedagogy / Education

**LANGUAGE USED TO TEACH**

English

**COURSE SUMMARY**

The current process of change presents unprecedented dynamics. In particular, change seems to be governed by a focus on increasing performance. Many experiences have undergone a process of 'sportification': along this trajectory, many activities have become increasingly managed and regulated, turning into competitive activities. The logic of performance-oriented practice and the sportification model require a balancing act to safeguard sustainable development (personal and environmental, social and environmental). It is the balance between performance and sustainability that is the contemporary challenge.

**LEARNING OBJECTIVES**

At the end of the course, students should be able to:

- Expose critical reflections on the current dynamics of change;
- Formulate hypotheses for change in a logic of sustainable development.

**OTHER ACTIVITIES BESIDES THE COURSE**

Seminars and conferences addressed to PhD students and research fellows, dissemination conferences about "change, performance and sustainability".

---

**VISITING PROFESSOR PROFILE**

The candidate should be a scholar with proven research experience on topics and areas described in the course summary (documented by publications and research activities).

**CONTACT REFERENT**

Sara Nosari  
sara.nosari@unito.it