The University of Turin urges everyone to adhere to the following

HEALTH AND HYGIENE MEASURES

(Presidency of the Council of Minister)

WASH HANDS REGULARLY.
Alcohol based hand sanitizer should be available in all public places, gyms, supermarkets, chemists and other meeting places.

AVOID CLOSE CONTACT with anyone who suffers from acute respiratory infections.

AVOID SHAKING HANDS or HUGGING.

ALWAYS KEEP A DISTANCE OF AT LEAST ONE METRE from other people.

Practise basic hygiene by always COUGHING and SNEEZING INTO A TISSUE, not your hands.

DO NOT SHARE BOTTLES OR CUPS, for example when practising sport.

DO NOT TOUCH YOUR EYES, NOSE OR MOUTH.

COVER YOUR MOUTH and NOSE if you COUGH OR SNEEZE.

DO NOT TAKE ANTIVIRAL DRUGS or ANTIBIOTICS unless prescribed by a doctor.

KEEP SURFACES CLEAN USING alcohol or chlorine based DISINFECTANT.

THE USE OF FACE MASKS is highly recommended during all social contact. Together with the other personal hygiene measures, these provide ADDED PROTECTION.

[Annex 19, Decree issued by the President of the Council of Minister on August 7th 2020 and extensions]