Degree Seeking Students Handbook

A.y. 2023/2024 information about what to do before and when you get to Italy, studying at UniTo

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Welcome to UniTO

With over 80,000 students and more than 3,900 academic and administrative staff, the University of Turin (UniTo) is one of the country’s largest and most prestigious universities.

The University, founded in 1404, provides quality higher education and research opportunities; many UniTo graduates have achieved international renown.

Today, UniTo offers over 150 undergraduate and postgraduate degree programs in almost every field of study. A growing number of courses are taught in English, and Italian language tuition is available for incoming students.

The University’s 27 departments offer excellent opportunities for Italian and non-Italian academic staff; 1 doctoral school provides over 35 doctoral programs.

Students and academic staff can make use of 34 libraries with over 2 million books, the Botanic Gardens, and a number of university museums; university accommodation, eating places, and sports facilities are well situated.

Turin is a lively, people-oriented city, and boasts a wide variety of cultural resources: historic buildings, world-class museums and galleries, and numerous exhibitions and fairs. The city’s parks and 2 rivers together with the nearby mountains and lakes provide a great leisure environment.

Discover UniTo today and through its 600-year history, and learn more about living in Turin.
The first few weeks in a new country can be overwhelming: finding accommodation, getting to know your new university, obtaining the required documents, learning Italian. You would probably think: “I need some help!”

Here comes Buddy Project, UniTo welcome and support service to international students.
ID, passport or visa?

The identity documents required to access the Italian territory depend on your citizenship:

**EU and Schengen area citizens** are only required to carry the ID card or passport during their stay in Italy. If you stay in Italy **more than 3 months** you are required to register at the local Registry Office ("Anagrafe").

**Non-EU and non-Schengen area citizens** are required to carry a valid passport and may be required to obtain a **Visa** to enter Italy. If you stay in Italy **more than 3 months** you are required to apply for the Residence Permit.

Information about **Italian Visa requirements** are available on **UniTo website**.

*How to get a visa for study purposes? Check [Apply for a visa for study purposes](#).*
Health Insurance

**Students coming from EU countries** staying in Italy more than 3 months can access health care supplied by the Italian Public Health Service ("SSN-Servizio Sanitario Nazionale").

**Non-EU students** can choose between two different types of health cover:
- **Public cover** supplied by the Italian Public Health Service ("SSN - Servizio Sanitario Nazionale"), upon payment of an annual fee.
- **Private insurance** to be purchased directly from private insurance companies.

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Information on [health and insurance](#)

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Need some help to access the Italian Public Health Service? Contact [EDISU Piemonte Information Point](#)

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How to get to Turin

By plane, by train, by bus and by car: reach the city from wherever you are.

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Full information on [How to get to Turin](#)

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Coming to Italy from abroad? [Check possible restrictions](#) issued by the Italian Government due to Covid-19 emergency.
When you get to Italy

Residence permit (Permesso di soggiorno) – For Non-EU and Non-Schengen citizens

A residence permit is a document or card required to allow a foreign national to reside in a country for a fixed or indefinite length of time.

- Extra-EU citizens, planning to stay in Italy up to 90 days are not required to apply for a residence permit.

- Extra-EU citizens planning to stay in Italy more than 90 days have to apply for a residence permit for study purposes.

If you plan to stay in Italy more than 90 days, you must apply for a residence permit within 8 working days of your arrival in Italy: contact UniTo Residence Permit Office (E-mail: office.incoming@unito.it) soon after your arrival for information and help in obtaining a residence permit.

Check how to apply for a study residence permit: Residence Permit Office at UniTO

Remember: your Buddy can help you in all the required administrative steps: feel free to contact your Buddy before starting!
Tax code (Codice Fiscale)

Tax identification code (Codice Fiscale, in Italian) is a mandatory document to identify citizens living in Italy. You will need it – for example - to apply for a residence permit, open a bank account, enter into a tenancy agreement, receive the payment of a scholarship.

How to apply for a Tax identification code? Check Italian Tax Code.

Need any help? For information, please see this webpage

Opening a bank account

Opening a bank account in Italy can be useful for receiving a scholarship or for payments in your everyday life in Turin.
Requirements, terms and conditions, policies, vary from bank to bank: check the banks’ websites for information.

Are you in trouble with requirements to open a bank account? Ask your Buddy for help!

Housing

International students can apply for a room at University residences managed by EDISU Piemonte, the local Regional Agency for the Right to Education.

Rooms at EDISU are awarded upon a selection of candidates: check the Information on How to Apply.

Private accommodation and alternative solutions are available in town: check the webpage Housing

Any trouble in finding accommodation? Ask you Buddy for help!
Italian Language Courses

Online courses, summer schools and courses throughout the academic year: check the options for learning Italian while you are in Turin: Italian Language Courses

Life in Turin

Located in North West Italy, Turin is the third biggest city in Italy. The city offers a wide range of museums, sites, monuments, churches, parks, theatres and events all year round.

Turin’s exciting lifestyle is appreciated by students, who can make use of a number of study rooms and housing options, university restaurants, transport and sports facilities.

Discover the main city services and attractions: When you arrive

Are you looking for special discounts for students? Check Student Discounts

University restaurants

EDISU Piemonte, the local Regional Agency for the Right to Education, offers a restaurant service to all university students at special prices, in university canteens throughout the city.

Full information on University Restaurants.

What is the best University restaurant in town? And the closest to your Department? Ask your Buddy for tips!
Libraries and Study Rooms

Libraries and study rooms are available for students throughout the city, providing books, free Wi-Fi and a quiet space to study in.

Find the most suitable library for you studies and browse the study rooms available in town.

Public Transport

Buses and trams, the underground, shared bikes, cars, and motorbikes allow you to move around the city.

Check full information on Public Transport.

Tired of citylife in Turin? Italy has a lot of villages and cities you can visit by train: check the National Railway Website.

Sport

Turin’s great location, close to the mountains, the countryside, rivers and lakes, provides an excellent environment for a wide range of sports and outdoor activities.

The University Sports Centre (CUS Torino) offers more than 100 different sports at all levels to promote competitive and non-competitive sports among students.

Check information and contacts on Sport.
Verify the required documents for enrolment

When you arrive in Turin you are required to provide the International Students’ Desk (E-mail: internationalstudents@unito.it) with a set of documents for your enrolment, **depending on your country of origin and residence, and the degree programme** you wish to enrol in.

Check for details [Welcome and Enrolment at UniTo.](#)

Are you getting confused about the documents you must provide? Ask your Buddy for help!
Register to UniTo web portal

As a new student at UniTo you must register on UniTo web portal: you will be able to access to MyUniTo section, your personal portal to manage your academic career and university services.

Check how to register to the portal and do not forget your Buddy can help you.

Smart managing of your career? Download MyUniTO app

Take the admission test (for degree programs with restricted number of places only)

If the degree program you applied for has a quota of places (“corso ad accesso programmato”), you have to register for and take the admission exam within the deadlines stated in each call for admissions (“bando”).

You can check online if your degree program requires an admission exam and if such an exam is required locally by UniTo or nationally: Degree programs.

Need to take the admission exam? Check how it works both for degree programs with a national or local restricted number of places!

Take TARM (Assessment of Minimum Requirements)

TARM test is mandatory if you enroll in programs without restricted number of places. The test is held through the TOLC test offered by CISIA.

Check full information about the test, deadlines and guidelines at Welcome and enrolment at UniTo - Take TARM
Enrol online at UniTo and pay the enrolment fee

Check full information about the test, deadlines and guidelines by opening the application for international students page and selecting the information specific for your nationality and program chosen.

You are now required to complete the enrolment online within the deadlines published at Welcome and enrolment at UniTo by following the instructions published within the deadlines published at the page enrolment for international students.

Tuition Fees

Students enrolled at UniTo are required to pay annual fees in 4 instalments, whose amount is calculated according to each student’s family income.

You are required to provide ISEE (financial situation certificate) to allow the relevant office to calculate your tuition fees.

You can check the updated situation of your fees (Fees already paid, fees to be paid, amount) in My Unito – Fee section.

Trouble with getting your ISEE? Join the online service: Servizio ISEE UNIVERSITARIO CAF Do.C. 2020 or ask your Buddy for help.

For full information on fees, deadlines and how to present the ISEE check Tuition fees.

CONTACTS

https://en.unito.it/studying-unito/tuition-fees

Tel: (+39) 011 6709902 (Monday- Friday h. 9.00-12.00)

Helpdesk

Scholarships

International students at UniTo can apply for a range of scholarships awarded at national, regional and university level: discover them all on Scholarships for International Students
Study Plan

Study plan is the complete set of exams that you need to sit in order to graduate. You must fill your study plan online by choosing the courses provided for the degree programs, through your MyUniTO profile, by selecting "Compilazione piano carriera" icon. Study plans can be filled in only by students who have regularly paid tuition fees.

For full information on study plan, how to fill it in, deadlines for filling it in, check Study Plan.

What exam? Laboratory A or B? What is a “Tirocinio”? For any doubts with Study Plan check this tutorial or ask your Buddy for help!

Courses

The list of courses available for each academic year and semester is generally updated from late July each year.

Check the available courses in Course search

E-Learning and online platforms

Registration to courses allows you to take part to lectures (either in-person or online) and get course material.

You can register to courses and attend classes through three e-learning services - Moodle, Campusnet and Webex - depending on the requirement of the course as set out by each Professor.

MOODLE

Access the platform through the icon “Vai a Moodle” at the bottom of the course description webpage, or by clicking on “E-Learning” either on the Department and the Degree programme website under “Studiare” or “Didattica”.
Student Booking

Book your seat in the classroom before accessing, by clicking on “Student booking” in your MyUnito profile.

Detailed information on Student booking service.

Exams at UniTO

Log in to your personal MyUniTO page and register either by:
• libretto (Examination Record book)
• exam sessions
Registration is possible only during the timeframe indicated next to the date of the exam.

Check online the FAQ about exams, and the tutorial for registering to exam session.

Contact your Buddy for any trouble with exam registration,
Edumeter

It is the evaluation system of courses and professors that anonymously collect student assessments and contribute to the improvement of university teaching.

Click on “Esami - Edumeter” in your MyUnito and fill the survey in.

Check the tutorial on how to fill in the Edumeter.

International Mobility programs

Erasmus+ for studies and traineeship, exchange agreements with Universities in all Continents: make use of the international opportunities UniTo provides to make your career international.

Information and contacts on Student’s mobility.

Part-time collaboration at the University

Students at UniTo can work part time (Maximum 200 hours per student) for the University administrative structures, and as Buddy or tutor for other students.

Every year UniTo issues selection procedures for students wishing to apply for different posts.

Information on Collaborazioni a tempo parziale (italian only)

If you do not speak Italian at all ask your Buddy for help in applying for part-time collaboration.
Tutoring and student support

Passi@UniTo - Counseling for international students
Passi@UniTo project is a psychological counseling service aiming at listening and understanding practical and emotional difficulties that international students may face during their study and life experience in Turin.

Book your meeting with the counselling team by email passi@unito.it, mentioning your name, surname, nationality and phone number. You will be contacted to schedule a first online or face-to-face session.

🔍 Check full information on Passi@UniTO.

Tutoring and counseling
The tutoring scheme covers a wide range of activities designed to help make university life more effective and productive. Moreover, the counseling service offers free assistance, provided by trained psychologists, to all UniTo students suffering from psychological disturbances.

🔍 Check the tutoring services and the counseling service offered by UniTo.

Mentorship Project
If you have doubts about how to register for classes and exams, how to fill your student career plan and edumeter evaluation surveys, you can rely on the Mentorship Project, which provides useful tutorials for all students starting their career in UniTO, with a special attention to students holding international protection.

🔍 Discover Mentorship project and how to request the service

Students with special needs
UniTo offers technical services and/or didactic support to students with temporary or permanent disabilities, and students with specific learning disability (SLD).

🔍 Check the services available for Students with special needs.
FOCUS ON
Hub of Medicine
Torino
1. WELCOME TO YOUR HUB
The University of Turin is huge: more than 80,000 students, 26 Departments, over 150 degree programmes.
That is why, while at UniTo, you will be able to rely both on the central International Students Desk and the local International Office of the Hub of Medicine Torino.
The Hub of Medicine Torino is made up of the following Departments, which are part of the School of Medicine:
1. Department of Molecular Biotechnology and Health Sciences
2. Department of Neurosciences “Rita Levi Montalcini”
3. Department of Medical Sciences
4. Department of Surgical Sciences
5. Department of Sciences of Public Health and Pediatrics
In this section of our guide you will find useful information about the Department of your studies.
2. INTERNATIONAL OFFICE - HUB OF MEDICINE TORINO

This is a support service dealing with administrative issues for students enrolled at UniTo or involved in international mobility programmes of the Hub degree courses.

✉️ E-mail international.medtorino@unito.it

📞 Telephone +39 011 670 6560 (on Tuesdays 2 - 4 pm)

💻 Videoconference
  (Click on “Prenota /Book here” in the preferred time slot to sign in; add in “Description of the subject” for the requested videoconference and click on “Save”.)
- For other web meeting platforms contact us via e-mail.

💰 Face-to-face meetings for specific needs can be requested via e-mail or telephone.

3. BUDDY PROJECT – GET SUPPORT FROM A BUDDY

The first few weeks in a new country can be overwhelming: finding accommodation, getting to know your new university, getting the necessary documents, learning Italian. You will probably think: “I need some help!”

This is where Buddy Project comes in useful, the UniTo welcome and support service for international and exchange students.

On your arrival in Turin you will be contacted by a UniTo student (your Buddy) who will help you understand university life and the linguistic and cultural environment.

Buddies will help you to:
- find out about various University facilities: libraries, study rooms, university restaurants, sport activities
- understand how to get healthcare, a residence permit and student accommodation
- carry out your mobility administrative procedures (such as register courses on your career plan, register to exams, etc.)
- get in touch with relevant offices
- learn Italian and understand the culture

Contact buddy.medtorino@unito.it for information and to get in touch with your Buddy.
4. ON THE MAP
Find out your Department in the map of the city.

5. HAVE YOU READ IT YET?
Have you checked the following information in the UniTO Handbook for Degree seeking?
✓ Before getting to Italy
✓ When you get to Italy
✓ Studying at UniTo
✓ Register to UniTO web portal
✓ Study Plan
✓ E-Learning and online platforms
✓ Student Booking
✓ Exams at UniTO
✓ International mobility programmes

Most of the international mobility programmes aimed at students of degree courses belonging to the Hub of Medicine Torino, such as Erasmus +, are organised within the framework of the School of Medicine. For further information you can refer both to your Buddy and the International Office of the Hub of Medicine Torino.

6. DEPARTMENT AT GLANCE
You can find here below the links to the main webpages for each degree course of our Departments:

Click on the icons for each degree course to access directly to the dedicated webpage.
Department of Molecular Biotechnology and Health Sciences

DEGREE COURSE

- Biotecnologie
- Molecular Biotechnology
- Biotechnological and Chemical Sciences in Diagnostics

Department of Neurosciences “Rita Levi Montalcini”

DEGREE COURSE

- Tecniche di Neurofisiopatologia
- Biotechnology for Neuroscience
<table>
<thead>
<tr>
<th>Program</th>
<th>Department of Medical Sciences</th>
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<tr>
<td>Biotecnologie</td>
<td>DEGREE COURSE</td>
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<td>Mediche</td>
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<tr>
<td>Dietistica</td>
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<td>Infermieristica</td>
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<tr>
<td>(Aosta)</td>
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<td>Medicina e Chirurgia</td>
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<tr>
<td>Scienze e Tecniche</td>
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<tr>
<td>Avanzate dello Sport</td>
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Department of Surgical Sciences

DEGREE COURSE

Ostetricia

Fisioterapia

Logopedia

Ortottica e Assistenza Oftalmologica

Igiene Dentale

Tecniche Audiometriche

Tecniche Audioprotesiche

Odontoiatria e Protesi Dentaria
<table>
<thead>
<tr>
<th>Course</th>
<th>Module</th>
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<tr>
<td>Infermieristica Torino Città della Salute</td>
<td>Department of Sciences of Public Health and Pediatrics</td>
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<tr>
<td>Infermieristica Torino TO2</td>
<td>DEGREE COURSE</td>
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<td>Infermieristica Ivrea TO4</td>
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<td>Infermieristica Asti</td>
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<td>Infermieristica Pediatrica</td>
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<tr>
<td>Educazione Professionale Torino/Savigliano</td>
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<tr>
<td>Terapia della Neuro e Psicomotricità dell’età evolutiva</td>
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<td>Tecniche di Laboratorio Biomedico Torino</td>
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<td>Tecniche di Laboratorio Biomedico Cuneo</td>
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<tr>
<td>Tecniche della prevenzione nell’ambiente e nei luoghi di lavoro</td>
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<tr>
<td>Scienze infermieristiche e ostetriche</td>
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<tr>
<td>Scienze delle professioni sanitarie tecniche e diagnostiche</td>
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<tr>
<td>Scienze delle professioni sanitarie della prevenzione</td>
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8. SERVICES and FACILITIES

A) Segreteria Studenti

Segreteria Studenti is the Students’ Registry Office, providing assistance with administrative issues such as fees, registry management, certificates, administrative consulting.

Students of the Hub of Medicine Torino refer to two different Students’ Registry Offices:

Medical Sciences and Biotechnology students:

📍 C.so Massimo d'Azeglio, 60 - Torino
Tel: +39 011 6709900

Health Professions students:

📍 Via Rosmini, 4/A - Torino
Tel: +39 011 6709900

Students’ Registry Offices provide face to face appointments for specific activities or online through the Help Desk online service. You can access it through your MyUniTO area.

For the service desk, click here and then insert a key word, open one question and if you’re not satisfied by the answer you can “open a ticket”. This means that you can write a new question for the registry office; soon afterwards you will receive an answer on your institutional e-mail address.

Should you need linguistic support when contacting the Students’ Registry Offices, do not hesitate to ask your Buddy for help!

B) Segreteria Didattica

Office dealing with academic career and teaching issues such as lectures, credits, study plan.

The office provides information and support concerning the courses, exams and graduation, about the professors and the organization of the department course teaching.

You can find the contacts of the Segreteria Didattica under the section “Contacts/Contatti” of the degree course website.
C) Job Placement

Corso Dogliotti 38 – Torino
Tel: +39 011 670 5498
E-mail: jobplacement.medicina@unito.it

D) Tutoring service (Servizio di Tutorato)
Support service for any problems during your period at the university.
For information: https://www.medicina.unito.it/tutorato/tutorato

E) Library

Biblioteca Federata di Medicina "Ferdinando Rossi"

Corso Dogliotti, 38, 10126, Torino, TO
E-mail: bfm@unito.it

Biblioteca "A. Rosmini" Corsi di Laurea delle Professioni Sanitarie

Via Rosmini, 4/a - 10126 Torino
E-mail: fcl-med-bib4@unito.it
Tel.: +39 011.6708101/02
First Steps at UniTo
Checklist for International Students

1. Get in contact with your Buddy at UniTo
   [link](https://en.unito.it/studying-unito/application-international-students/buddy-project)

2. Register to unito.it website
   [link](https://en.unito.it/services/online-services/help-and-support/portal-registration-instructions)

3. Apply for your Tax Identification Code (Codice Fiscale)
   [link](https://en.unito.it/living-turin/when-you-arrive/residence-permit/tax-identification-code)

4. Apply for your residence permit (Permessi di soggiorno) - Only for Extra-eu students
   [link](https://en.unito.it/living-turin/when-you-arrive/residence-permit)

5. Get an insurance or register to Italian Public Health Service
   [link](https://en.unito.it/living-turin/you-leave-home/health-and-insurance)

6. Find accommodation in Turin
   [link](https://en.unito.it/living-turin/when-you-arrive/housing)

7. Submit the required documents (EU and non-EU equivalent students/non-EU students) to International students desk
   [link](https://en.unito.it/studying-unito/application-international-students)

8. Enrol online
   [link](https://en.unito.it/studying-unito/enrolment-procedure)

9. Pay the enrolment fee
   [link](https://en.unito.it/studying-unito/fees)

10. Discover the city and the University services for students
    [link](https://en.unito.it/living-turin/when-you-arrive)
Content
Area Internazionalizzazione
Sezione Studenti Internazionali
Ufficio Servizi per l'Internazionalizzazione
Polo Medicina Torino

Graphic design
Sezione Comunicazione Istituzionale e Organizzativa