



## ERASMUS+ FOR STUDIES PROGRAMME A.Y. 2025/2026 USEFUL INFORMATION FOR OUTGOING ERASMUS+ STUDENTS BEFORE THE MOBILITY PROCEDURE

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**The present English version is provided for information purposes only.  
In case of conflicting meanings between language versions, the Italian version prevails.**

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## INTRODUCTION

For information and guidance on the administrative steps to be completed before the start of your Erasmus+ mobility for studies a.y. 2025/2026, you are required to:

- read this document addressed to **all those who have won a scholarship of the [Erasmus+ for studies a.y. 2025/2026](#) and will start an Erasmus+ for studies mobility** in the frame of bi-national, UG, PG, single-cycle and PhD degree programmes;
- **keep up-to-date regularly** with all the steps of the procedure for outgoing students 2025/2026. They are published gradually on the UniTo website on the page [Istruzioni per studenti Unito \(outgoing\)](#) and might be subjected to change. For this reason, you need to get informed yourself by periodically checking the above-mentioned page (**pay attention to the number and date of the published version!**);
- **check your university email regularly** for updates.

**N.B. All communications related to the Erasmus+ Mobility for Studies 2025/2026 will ONLY be sent to your university email account (@edu.unito.it).**

## 1. INFORMATION MEETINGS

Two meetings were held in May 2025.

During the **first online meeting held on May 6, 2025**, the administrative procedures to follow before and during the Erasmus+ Study mobility were illustrated.

During the information **meeting held in person on May 13, 2025**, the winners were able to discover everything that is not found in the official guides: practical advice, authentic stories, and direct comparisons with those who have already experienced Erasmus+.

The recording of the May 6, 2025 meeting and the information slides are published on the pagina [Istruzioni per studenti Unito \(outgoing\)](#) page.

Additionally, the [Destinazione Erasmus](#) page was created on the UniTO portal to collect all the slides presented during the in-person event on May 13, 2025.

Finally, the article "[Erasmus, otto cose che avreste voluto sapere e non avete mai osato chiedere](#)" was published in Otto, the digital newspaper of the University of Turin, resulting from what was shared during the day of May 13 and at the same time as the publication of the article, a [short video](#) containing interviews with departing students was published on the University's social profiles, also during the day of May 13.

## 2. ERASMUS+ FOR STUDIES MOBILITY AGREEMENT

If you have been awarded an Erasmus+ mobility in the frame of the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#), (and you intend to start it), you must fill in the Erasmus+ for studies Mobility Agreement 2025/2026 using the online procedure.

The Erasmus+ for studies Mobility Agreement regulates the payment of the Erasmus+ grants and it allows you to provide the University of Turin with your IBAN in order to get your Erasmus+ scholarship. The payment will be credited on a bank account (including "Bancoposta") **in your name (or joint names)**, in a single payment and according to the Mobility Agreement deadlines. Your IBAN must refer to an **Italian/European Bank**.

**The opening of this procedure was notified to the entitled parties via a specific email on June 18, 2025.**

## 3. COMMUNICATION OF THE PLANNED MOBILITY PERIOD

If you have been awarded an Erasmus+ mobility in the frame of the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#), within the deadlines provided by International Mobility Office, you have to communicate the



**planned start and end dates** of your mobility abroad at the Host University. You can do so at the following path: MyUniTo > iscrizioni > Bandi di Mobilità Internazionale > Erasmus+ studio 2025/2026. **The opening of this procedure was notified to the entitled parties via a specific email on June 18, 2025.**

**N.B.:** The communicated planned period to spend abroad is an integral part of the Grant Agreement, and it is aimed at calculating the due Erasmus+ mobility scholarship, based on the provisions of art. **5.7. Time of payment will be described in the Grant Agreement.**

**To sum up, in order to get the Erasmus+ for Studies scholarship a.y. 2025/2026 you will have to:**

1. sign the Erasmus+ for Studies Grant Agreement (cf. section No 2 of this document);
2. communicate the planned start and end dates of your mobility via the above-mentioned procedure.

#### 4. FINANCIAL CONTRIBUTIONS FOR THE ERASMUS+ FOR STUDIES MOBILITY A.Y. 2024/2025

The Erasmus+ Mobility contributions are made up of the following items:

- **PART A – Country Contribution**
- **PART B – Supplementary contribution for students in disadvantaged economic situations and/ or holding a “fewer opportunities” status**
- **PART C – Supplementary EU funding for students with special needs**
- **PART D – Travel Grant\***

**N.B.** The Erasmus+ Mobility contributions are explained in art. 7 of the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#). However, following the updates received from the Erasmus+ National Agency Indire, please note that compared to the amounts of the **PART A-Country Contribution** indicated on the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#) there have been some changes. Table No. 3 published in Article 7 of the Call **is to be considered replaced by the following one:**

<b>TABLE No. 3: Part A – MOBILITY for Studies EU contribution Erasmus+</b>	
<b>Destinations: PROGRAMME COUNTRIES</b>	<b>Amount Part A</b>
<b>GROUP 1:</b> Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden. <b>N.B. these include the following Partner Countries:</b> United Kingdom, Switzerland, Faroe Islands.	<b>€ 400.00 per month</b>
<b>GROUP 2:</b> Cyprus, Czech Republic, Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain.	<b>€ 350.00 per month</b>
<b>GROUP 3 LOW cost of living:</b> Bulgaria, Croatia, Hungary, Lithuania, North Macedonia, Poland, Romania, Serbia, Turkey.	<b>€ 250.00 per month</b>
<b>Destinations: PARTNER COUNTRIES</b>	<b>Amount Part A</b>
<b>All Partner Countries</b> (except United Kingdom, Switzerland, Faroe Islands Group 1)	<b>€ 700.00 per month</b>
<b>PLEASE NOTE</b>	
<ul style="list-style-type: none"> <li>• In <b>red</b>, the changes in amounts are highlighted, based on the new guidelines received from the Erasmus+ National Agency Indire ;</li> <li>• Students going to <b>Switzerland</b> on Erasmus+ Mobility will not receive the Part A amount if financed directly by the Swiss Government and in this case, the Host Universities will define methods and timing of Mobility scholarships. If, however, the Swiss Government does not grant Mobility contributions for the a.y. 2024/2025, the University of Turin will pay a monthly contribution equal to the amount due for <b>Group 1 countries</b>.</li> </ul>	



## 5. \*TRAVEL GRANTS

In implementation of the provisions of the Erasmus+ 2021-2027 programme, the University of Turin provides for the recognition of specific travel grants. **These contributions**, compared to what is described in the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#), **have been updated** by the National Agency. Below, we outline the changes introduced by the new guidelines.

**Novità**

### ❖ TRAVEL GRANT – PART D

The Travel Grant is a financial contribution with variable amounts, calculated based on the corresponding distance band between the University of Turin and the Erasmus+ destination. The grant covers both the outbound and return journeys and is determined using the [Erasmus+ Distance Calculator](#).

There are two types available:

#### 1- Travel Grant Standard

The *Travel Grant Standard* (standard travel grant) is a one-time contribution awarded to **all selected participants** without the need to submit proof of expenses. It applies to those using **standard means of transport** (such as flights, etc.) to reach their Erasmus+ destination. The amounts for the standard travel grant are listed in the table below:

Distance Bands	STANDARD Travel – Round-trip amount for “Travel Grant Standard”
Between 0 and 99 KMs:	€ 28 per participant
Between 100 and 499 KMs:	€ 211 per participant
Between 500 and 1999 KMs:	€ 309 per participant
Between 2000 and 2999 KMs:	€ 395 per participant
Between 3000 and 3999 KMs:	€ 580 per participant
Between 4000 and 7999 KMs:	€ 1188 per participant
8000 KMs or more:	€ 1735 per participant

#### 2- Travel Grant “Green”

The *Travel Grant Green* (green travel grant) is a one-time contribution awarded to **all selected participants** who choose to reach their Erasmus+ destination using low environmental impact means of transport, as specified in the [Green Mobility Guidelines](#), are eligible. This amount is supplemented by a **daily allowance**, ranging from 1 to a maximum of 6 days, corresponding to the daily rate of the monthly grant (PART A + PART B). The daily allowance is a contribution covering the travel days required for undertaking the green journey, both outbound and return (only if applicable). These travel days must not be included in the mobility period indicated in the Mobility Certificate.

To access the green travel grant, participants must **keep** all relevant **supporting documents** to prove the use of eco-friendly travel. These documents will be requested by the International Mobility Office at the end of the mobility period.



The amounts and requirements for the [Travel Grant “Green”](#) are listed in the table below:

Requirements	Distance Bands	GREEN Travel – Round-trip amount for “Travel Grant Green”	Daily allowance
<ul style="list-style-type: none"> <li>➤ undertake <b>eco-friendly</b> travel to reach the Erasmus+ destination</li> <li>➤ submit proof of travel expenses incurred</li> </ul>	Between 0 and 99 KMs:	€ 56 per participant	<b>PART A / 30 days</b> + <b>PART B (if due) / 30 days</b> = Daily allowance amount for each day of eco-friendly travel (round trip), <b>up to a maximum of 6 days in total</b>
	Between 100 and 499 KMs:	€ 285 per participant	
	Between 500 and 1999 KMs:	€ 417 per participant	
	Between 2000 and 2999 KMs:	€ 535 per participant	
	Between 3000 and 3999 KMs:	€ 785 per participant	
	Between 4000 and 7999 KMs:	€ 1188 per participant	
	8000 KMs or more:	€ 1735 per participant	

For the purpose of calculating the travel distance for the Travel Grant, **the point of departure will always be considered as the University of Turin**. Please note that the distance band must be determined **based on a one-way journey only**.

## 6. MOBILITY PERIOD PLANNING

On the basis of the Erasmus+ Programme Guide, the Erasmus+ for studies mobility a.y. 2025/2026:

- can be started, and will be grant-funded, from **June 1<sup>st</sup> 2025**;
- must have a **minimum duration of 2 months, i.e. 60 days**, in accordance with the counting method provided by the Erasmus+ programme. Should you decide to return earlier than the planned duration of your Agreement, you just need to make arrangements with your Host University;
- must have a **maximum duration of 12 months** (always respecting the maximum duration constraints provided for by each study cycle and specified in Article 2 of the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#));
- must end by **September 30<sup>th</sup> 2026**. **It will not be possible to start a mobility after August 1<sup>st</sup> 2026.**

## 7. SIMULATOR TOOL OF THE ERASMUS+ FOR STUDIES SCHOLARSHIP A.Y. 2025/2026

To find out approximately how much your Erasmus+ grant will be, you can use the [Erasmus+ Study Mobility simulator](#).

The simulator considers the mobility period, the destination country, any economic and asset requirements and/or conditions of fewer opportunities, and the type of trip. It provides indicative data to outgoing students, which will then be recalculated based on the period actually carried out and the recognized CFU. To support students in using this new tool, an [application manual](#) has also been made available.

## 8. TYPE OF MOBILITY

Based on the new Erasmus+ Programme Guide and in accordance with the Host University programmes, **you can choose between these two kinds of mobilities:**



## Mobility abroad:

A mobility abroad is defined as the mobility carried out entirely at the Host University and that is covered by the Erasmus+ scholarship for its actual duration. For this type of mobility, there is no minimum ECTS limit except for:

- the beneficiaries of the PART B - Supplementary contributions;
- what is provided for in the [Guidelines for recognising study activities abroad](#) and/or those of your Degree Programme.

**In the event that the Host University provides online classes but the student is still in the foreign country, the mobility will be considered as a mobility abroad.** Therefore, the participant will receive the contributions due for the entire mobility period spent in the host country.

## Blended Mobility:

A Blended mobility is a mixed mobility that combines a part of mobility carried out abroad with a virtual component carried out from Italy. Find below the characteristics that it must have:

- the **mobility abroad part** must last a minimum of 60 days and it is covered by the grant on the basis of the dates attested in the Mobility Declaration (issued at the end of the Erasmus+ period by the Host University);
- the **online part** can be carried out **from Italy** before, during or after the abroad mobility part, with no interruption from the latter. This is not covered by any grant or taken into account when calculating the maximum number of months set by the Erasmus+ programme for each study cycle (Art.2 of the Erasmus+ Call for studies);
- must be worth at least **3 ECTS credits**.

## PLEASE NOTE!

During the mobility abroad it is not possible to:

- take exams at the University of Turin (both face-to-face and on-line);
- register exams and activities at the University of Turin (both face-to-face and on-line);
- complete your course of study (graduate) at the University of Turin.



Only if you are carrying out a virtual mobility in the frame of blended mobility you:

- could take/register exams at the University of Turin (both face-to-face and on-line);
- but still you cannot complete your course of study (graduate) at the University of Turin.

## 9. NOMINATIONS AND CHOICE OF SEMESTER

The International Mobility Office send the Host Universities the names of all candidates who have been awarded a scholarship for the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#). The nomination can be sent only once the selection process is completed (i.e. the publishing of the first and second rankings) as per Art. 9 in the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#) and in compliance with the Host Universities' deadlines, if possible.

Through the nomination, Host Universities are informed about the semester of arrival and, therefore, the start of mobility which is chosen by the student when they accept the destination through their MyUnito page.



In this regard, please note that **the choice of the semester of departure is individual** and it is necessary to be informed about:

- the semester when the courses you are interested in are offered at the Host university;
- the start and end dates of the semester scheduled by the Host University (which may not coincide with the duration of the agreement you have been assigned to);
- the number of months of mobility awarded and defined by the Bilateral Agreement of reference (e.g.: if your scholarship provides for a maximum of 9 months of mobility, then it is expected an annual duration of mobility and you must start it in the first semester);
- possible Host University emergency restrictions.

## 10. PASSAPORTO PER L'EUROPA (PASSPORT FOR EUROPE): ERASMUS+ FOR STUDIES LANGUAGE CERTIFICATES A.Y. 2025/2026

The Host University might need you to have an **official language certification or a certificate that assesses your knowledge of a language** when you submit your application form.

Except when the Host University requires an official language certification (DELTA, DELE, etc.) – the attainment of which is total responsibility of the student –, the University of Turin in collaboration with the [CLA - Centro Linguistico di Ateneo](#), offers all students who have been awarded a scholarship from the [Erasmus+ Mobility Call for studies a.y. 2025/2026](#) the **opportunity to obtain free of charge a language certificate** of their level of proficiency in the foreign language of the country of destination.

The test is strongly recommended as it allows both to verify the actual knowledge of the language that will be used during the study abroad period and to provide proof of language proficiency to foreign universities, should it be required.

The test will be taken in one of the following languages: French, English, Portuguese, Spanish and German. Three exam sessions are scheduled. The first session took place in March 2025, the second session took place in May 2025, and the **third session will take place from Monday, September 15, 2025. Please note! Registrations will close on Thursday, September 4, 2025, at 23:55.**

**ATTENTION! Each student can attend one session only and can take only one language test.**

The detailed schedule of the sessions, the exam procedures, and the registration instructions are published on the [CLA website](#).

## 11. APPLICATION FORM/ADMISSION PROCESS AT THE HOST UNIVERSITY

Once the Host Universities have received the nominations, they might contact you to give you information about the administrative process to be followed prior to your arrival.

**ATTENTION!** Not all Host Universities contact students directly!

Therefore, you should **find out about the Host University's admission procedures and deadlines autonomously**, verifying:

- any deadlines and procedures related to the semester you chose to start your mobility;
- the requirement to complete, prior to arrival, an application form (registration procedure).



**It is also very important to remember that:**



- the Host University could decide not to accept a student who fails to respect their deadlines;
- the Host University evaluates the student based on their application form and all the documents attached to it (i.e. language certificates, Learning Agreement, etc.). Therefore, the ultimate decision on the actual admission of the nominated students is on the Host University itself.

Here is some information the Host University might ask you when you fill in your application form:

- University of Turin Erasmus code: **IT-TORINO01**
- The University of Turin **Institutional Coordinator**:  
*Prof.ssa Donatella Boschi*  
*Direzione Ricerca, Innovazione e Internazionalizzazione*  
*Università degli Studi di Torino*  
*Complesso Aldo Moro, Palazzina D*  
*Via Sant'Ottavio 12 - 10124 Torino*  
*Tel: +39 011/670.4425*  
*E-mail: [internationalexchange@unito.it](mailto:internationalexchange@unito.it)*
- The **Departmental Coordinator** is the professor who supervises the Agreement you have been awarded.

In the event that the application form of the Host University requires the indication and/or approval of the educational activities that you intend to carry out during the mobility, the level of language proficiency and/or information related to your personal academic career, this must be signed by the [Didactic Responsible for International Mobility](#) of your Degree Programme. Subsequently, if the form provides for it, the signature of the UniTo Institutional Coordinator may be requested, ONLY if the signature of the [Didactic Responsible for International Mobility](#) of your Degree Programme has already been acquired.

If the application form requires the number of ECTS you plan to obtain during your Mobility, it is recommended to indicate a number of ECTS as close as possible to the Learning Agreement you intend to submit, considering approximately:

- (max) 30 ECTS for one semester's mobilities;
- (max) 60 ECTS for one year's mobilities.

Should the Host University request the **Transcript of Records** – which is the list of exams you have taken so far – you can:

- Print a self-certification from your personal MyUniTo page in Italian. Any translation of the document into English or the language required by the Host University is the student's responsibility.
- Go to your Student Office and ask for an official certificate in Italian or English.

## 12. LEARNING AGREEMENT (LA)

The Host University application form might need the Learning Agreement (study contract) to show which course activities you have chosen to attend during your Mobility (*Table A*) as well as the course activities which will need credit recognition at the end of the Mobility (*Table B*).

**Completing this document is a crucial step when preparing your Erasmus+ Mobility programme according to the [Erasmus+ Charter for Higher Education](#) principles.**



The principle upon which the compilation of the LA is based is the so-called "package recognition," namely, the substitution of one or more exams/educational activities included in your Career Plan, with one or more exams to be taken during the mobility period.

## N.B.

Only if your Host University requires you to submit the Learning Agreement **before** the Online Learning Agreement (OLA) procedure is activated on your MyUnito, you can use the editable Learning Agreement template uploaded in the "Modulistica" section (paperwork) of the [Istruzioni per studenti Unito \(outgoing\)](#) page. After that, once the OLA procedure is activated, you will still need to complete your OLA and get it approved via such procedure.

On the contrary, if you do not need to submit the Learning in a short time, you will need to wait for the online procedure to open on MyUnito to complete it. For instructions on how to use the online procedure, you may refer to the [OLA Vademecum](#).

## Before the submission of your LA – "Before the mobility" section:

- check with UniTo about any restrictions and/or specific provisions regarding your Degree Programme/CdS – *Corso di Studi* (see your CdS regulations and contact your [Didactic Responsible for International Mobility](#) and/or the Host University;
- should you be awarded a grant in a different disciplinary area from the one you are not enrolled in and/or at a different study level (UG/PG) than the one resulting at UniTo at the time of your departure, we suggest you ask the Host University about its available courses for your Degree Programme and if there are any restrictions;
- should you decide to carry out an **internship** or a **thesis research** during your Mobility that involves the recognition of CFUs in your career at UniTo, you must:
  1. before the mobility, make sure to obtain the host university's approval to recognize and/or carry out such activities;
  2. in case of conducting a thesis research, stick to the didactic constraints stipulated by the Host University.
- read the [Guidelines for recognising study activities abroad](#).

For the correct completion of the LA – "Before Mobility" Section of the LA, please note that:

- ❖ **Table A:** in English or another foreign language, add the educational activities (exams, internship and/or thesis research) that you intend to carry out during the mobility at the Host University and the corresponding ECTS (European Credit Transfer System) credits. In case the educational activities at the Host University are listed with its local credits, the equivalent ECTS credits should be verified with the Host University;
- ❖ **Table B:** add the names of the educational activities provided for in your Career Plan at the University of Turin which you will request the recognition for at the end of the mobility (**N.B.** for credits to be included in the LA as research activities for thesis, please contact the professor in charge of your Degree Programme, namely the [Didactic Responsible for International Mobility](#)).

**Any changes to the Learning Agreement can be made once you have arrived at the Host University, within the first 5 weeks from the beginning of each semester.**



The LA must be approved by the the [Didactic Responsible for International Mobility](#) of your Degree Programme at UniTo and by the Host University. Please refer to the [OLA Vademecum](#) to know how to get approval from the Host University.

Unless there are specific deadlines dictated by your Degree Programme at UniTo or by the Host University, the LA does not have to be completed and/or approved by a set date. **However, this MUST be approved by both UniTo and the Host University AT LEAST 15 DAYS PRIOR TO DEPARTURE.**

### 13. ACCOMMODATION

You must find your own accommodation, each destination and Host University provide different housing solutions. Sometimes the Host University offers its support, and in this regard, it is recommended to check as soon as possible whether the Host University has accommodation and/or beds available at campuses or student halls of residence, for which it might be necessary to fill out an "accommodation form" according to specific deadlines.

### 14. ERASMUS+ SCHOLARSHIP AWARD STATEMENT

The Erasmus+ scholarship award statement has been sent to the institutional email address of the winners of the first and second rankings.

This document summarizes the terms of the mobility (destination, ISCED area, duration of mobility) and can be used for any scholarships, grants, residence permit, accommodation form, etc.

### 15. INSURANCE COVERAGE

The students of the University of Turin who carry out periods of international mobility maintain throughout the whole period of the mobility stay the same insurance coverage they enjoy in Italy with regard to **accidents and damages to third parties (RCT)**. Any additional coverage to protect the students outside the academic activity related to the Erasmus+ mobility for studies must be drawn up with private insurance companies directly by the students.

We point out that these insurance policies are not health insurances.

In the EU countries (or in Iceland, Liechtenstein, Norway and Switzerland), citizens of the European Community need the European Health Insurance Card (EHIC) and can access the national health care system. Whether the health care system is free of charge depends on how the service is provided in the country of destination (for more information: [https://european-union.europa.eu/live-work-study/living-eu\\_en](https://european-union.europa.eu/live-work-study/living-eu_en)).

Those with non-EU citizenship should check with their local health authority (ASL) for any other procedure to be completed regarding health coverage. Whereas, for mobilities to Partner countries, it is mandatory to draw up a specific health insurance.

**Students can download the UniTo insurance policy** from the University website [www.unito.it](http://www.unito.it) at: Home - Ateneo – Salute e Sicurezza – [Assicurazioni](#). Students can give their Host University a copy, if necessary.

### 16. GLOSSARY

- **Programme Countries:** European Union Member States; European Economic Area Countries (Iceland, Liechtenstein, Norway); EU candidate countries (Turkey, Serbia and the Republic of North Macedonia).
- **Partner Countries:** All countries in the world that do not belong to the group of Programme Countries. **ATTENTION:** The United Kingdom and Switzerland belongs to this group!