

## ANNEX I – LIST OF DESTINATIONS AND REQUIREMENTS

### 2nd application window

Version 1 dated 27/01/2025

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## Intercomprehension for Languages for Specific Purposes (Romania)

GENERAL INFORMATION	
Dates for physical activity	24/03/2025 – 28/03/2025
Location of physical activity	West University of Timisoara (Romania)
Places available	5
Dates for virtual component	04/03/2025, 08/03/2025, 11/03/2024
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in Bachelor's, Master's, single-cycle degrees and PhD programs of all fields interested in interested in a multilingual and multicultural dimension.
Language requirements	Italian, Spanish, Romanian, Portuguese or French language skills are necessary to attend the lectures and work independently (B1).
Field of Education	Languages
No of ECTS issued	6
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .
OBJECTIVES AND PROGRAM (by the host university)	
Description and objectives	The BIP program offered by WUT aims to initiate and familiarize with the intercomprehension of Romance languages by discovering and using the main strategies of this learning method. The aim is to develop intercomprehension skills, both written and oral, to stimulate metacognitive strategies and intercultural dialogue. At the end of the course, students will learn the basic principles of intercomprehension, as well as the fundamental ones. They will also be able to apply these principles and strategies in real communication situations in their field of study.
Methods and outcomes	Intercomprehension means that, each speaking his own language, you have the ability to understand the other, who speaks a similar language. The development of multilingualism through the practice of intercomprehension, a method that enjoys a good university experience in several Western countries, allows to facilitate exchanges and communication between the actors of the academic network (students, teachers, administrative staff). Based on the idea of having partial competences that allow learning several languages thanks to their common origin (Latin, in the case of languages spoken in UNITA alliance universities), the strategies they use for intercomprehension respond to current realities, while establishing equality between languages.
Virtual Component Description	In the virtual activities will be carried out autonomously by the students and are based on the plurilingual online course Elements of intercomprehension. A meeting will be first organized to explain the syllabus of the course, its goals and requirements.

**1. Planned activities during virtual component:**

6 hours of online courses: 6 hours on March 4, 11, and 18)

**2. Planned activities during physical component:**

**1<sup>st</sup> day: March 24**

Opening of the course & Welcoming session  
Introduction to intercomprehension / first contact between participants  
Theoretical milestones & Applied activity  
Feedback activity

**2<sup>nd</sup> day: March 25**

IC warm up  
Written IC activities  
IC strategies written  
Feedback activity

**3<sup>rd</sup> day: March 26**

IC warm up  
IC and LSP reading  
Feedback activity

**4<sup>th</sup> day: March 27**

IC warm up  
Oral IC strategies  
Feedback activity

**5<sup>th</sup> day: March 28**

IC warm up  
Oral IC production  
General presentations: Practical milestones  
Final overview & Final feedback

## Interculturalidad (France)

### GENERAL INFORMATION

Dates for physical activity	<b>07/04/2025 – 11/04/2025</b>
Location of physical activity	<b>Université Savoie Mont Blanc (Francia)</b>
Places available	<b>6</b>
Dates for virtual component	From 24/03/2025 to 04/04/2025
Application window	27/01/2025 – 13/02/2025 (12 pm)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in bachelor's and master's degree programmes in the departments belonging to the School of Humanities (Department of Humanities, Department of Historical Studies and Department of Philosophy and Educational Sciences).
Language requirements	Spanish language skills necessary to attend the lectures and work independently (B1).
Field of Education	Spanish Literature and Culture
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	<p>Developing student's awareness and knowledge of the importance of interculturality concept, applied to Spanish language didactics and Hispanic humanistic studies. The seminar will include an online theoretical part on the concept of interculturality, as well as four pedagogical modules comprising an online presentation, an off-site activity, a tutorial and an independent workshop:</p> <p style="padding-left: 40px;">Module 1: Interculturality in two of Miguel de Cervantes' Novelas ejemplares. Module 2: Jean-Jacques Rousseau and the New World. Module 3: Interculturality in cinema (film not yet determined). Module 4: Interculturality in language didactics</p>
Methods and outcomes	Face-to-face teaching, synchronous lectures, practical workshops and cultural visits.
Virtual Component Description	<p><b>Week 24/03-28/03: Introduction to the Concept of Interculturality – 2h</b></p> <ul style="list-style-type: none"> <li>• 24/03   09:00-10:00 CET: Introducción teórica a la Interculturalidad I – Ilinca TARANU (UVT)</li> <li>• 25/03   18:00-19:00 CET: Introducción teórica a la Interculturalidad II – Diego MUÑOZ (USMB)</li> </ul> <p><b>Week 31/03-04/04: Thematic Modules</b></p>

- 31/03 | 18:00-19:30 CET: Presentation of Module 2: Rousseau and the New World – Ilinca TARANU (UVT)
- 01/04 | 18:00-19:30 CET: Presentation of Module 4: Didactics Applied to Interculturality – Magdalena ROMERA (UPNA)
- 02/04 | 18:00-19:30 CET: Presentation of Module 3: Film to Be Specified – Pierre SAVOURET (USMB)
- 03/04 | 18:00-19:00 CET: Presentation of Module 1: Las Novelas Ejemplares, Miguel de Cervantes – Maria Consolata PANGALLO and Carlo BASSO (UNITO)

Total of 7 hours 30 min of online training.

**Planned activities during physical component:**

**1st day:**

- Morning: welcome meeting, ice breaker activity
- Afternoon: module 1 tutorial + module 1 workshop

**2nd day:**

- Morning: module 2 tutorial + module 2 workshop
- Afternoon: Visit to Jean-Jacques Rousseau's house

**3rd day:**

- Morning: film show at CineMalraux, visit to Théâtre Malraux
- Afternoon: module 3 tutorial + module 3 workshop

**4th day:**

- Morning: visit to Accents (French learning center of USMB), conference
- Afternoon: module 4 tutorial + workshop with Accent's students

**5th day:**

- Morning: evaluation
- Afternoon: debriefing and farewell meeting

<b>Relax to wellness (Portugal)</b>	
<b>GENERAL INFORMATION</b>	
Dates for physical activity	<b>07/04/2025 – 11/04/2025</b>
Location of physical activity	<b>Instituto Politecnico da Guarda (Portogallo)</b>
Places available	<b>2</b>
Dates for virtual component	March - May 2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students Students enrolled in three-year degree courses, master's degree courses, single-cycle master's degree courses and doctorate courses belonging to the following departments: Department of Psychology and Department of Life Sciences and Systems Biology.
Language requirements	English language skills necessary to follow the lectures and work independently (B2).
Field of Education	Psychology and Sport
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .
<b>OBJECTIVES AND PROGRAM (by the host university)</b>	
Objectives and description	<p>The BIP “Relax to Wellness” aims to provide an enriching, creative, and intercultural experience that enhances knowledge and skills in relaxation techniques, health, and physical exercise, contributing to holistic well-being.</p> <p>This program focuses on:</p> <ul style="list-style-type: none"> <li>• Increasing participants' understanding of physical, mental, and emotional well-being.</li> <li>• Equipping participants with tools to promote health through activities like yoga, mindfulness, and laughter therapy.</li> <li>• Highlighting the importance of interdisciplinarity in health and personal development.</li> <li>• Encouraging multicultural exchange and collaboration.</li> </ul> <p>By integrating relaxation and physical activities into daily life, participants will improve physical fitness, psychological resilience, and socio-emotional well-being.</p>
Methods and outcomes	<p><b>Methods:</b></p> <ul style="list-style-type: none"> <li>• Lectures and experiential workshops.</li> <li>• Group discussions and reflections on shared experiences.</li> </ul>

	<ul style="list-style-type: none"> <li>• Evaluation of participants' well-being using qualitative and quantitative methods.</li> <li>• Activities such as role-playing, brainstorming, world café, and body mapping.</li> </ul> <p><b>Outcomes:</b></p> <p>Participants will develop practical skills to integrate health-promoting relaxation techniques into their routines, reducing stress and enhancing their overall quality of life</p>
Description of the virtual component	<p>The virtual component consists of two synchronous online sessions:</p> <ol style="list-style-type: none"> <li>1. March 2025: Introductory session on the benefits of laughter therapy and relaxation techniques for well-being.</li> <li>2. 15 May 2025: Reflection and evaluation session focusing on the impact of the program and strategies implemented.</li> </ol>
<p><b>Planned activities during physical component:</b></p> <p><b><u>1st day: 7 April 2025</u></b></p> <p>08:30 – Welcome session  09:30 – Opening of the BIP  10:00 – Coffee Break  10:30 – Lecture by Prof. Márcia Santos: "Well-being"  14:00 – Portuguese language class (Prof. Isa Severino)  15:00 – Outdoor adventure</p> <p><b><u>2nd day: 8 April 2025</u></b></p> <p>09:00 – Lecture by Prof. Eduardo: "Benefits of Sports"  11:00 – Walking tour through "Passadiços do Mondego" / "Rota das Faias"  15:30 – Independent work.</p> <p><b><u>3rd day: 9 April 2025</u></b></p> <p>08:30 – Visit to Serra da Estrela.  13:00 – Lunch at the School of Tourism and Hospitality  14:00 – Workshop with Prof. Hermínia: "Laughter Therapy"  16:00 – Independent work.</p> <p><b><u>4th day: 10 April 2025</u></b></p> <p>09:00 – Lecture by Prof. Gretchen Pascalis: "Yoga"  11:00 – Workshop by Prof. Iuliana Costea: "Mindfulness"  14:00 – Visit to Sortelha  19:30 – Group dinner  21:30 – Night tour of Sé Cathedral.</p> <p><b><u>5th day: 11 April 2025</u></b></p> <p>09:00 – Zumba class by Prof. Bernardete  11:30 – Portfolio evaluation and program discussion  13:00 – Closing ceremony</p>	

## Method of learning styles for primary, secondary and higher education - REAPSES (Spain)

### GENERAL INFORMATION

Dates for physical activity	05/05/2025 – 09/05/2025
Location of physical activity	Universidad de Zaragoza (Spagna)
Places available	5
Dates for virtual component	03/04/2025 – 03/05/2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in three-year degree programmes, Master's degree programmes, single-cycle Master's degree programmes and doctoral programmes who are interested in new teaching and learning methods. At the selection phase, priority will be given to those enrolled on teaching-related courses or with career plans in this area. Applicants are invited to indicate this in the 'Additional information' section of their application and to attach any supporting documentation.
Language requirements	English language skills necessary to follow the lectures and work independently (B2).
Field of Education	Learning
No of ECTS issued	6
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	<p>Method of learning styles, REAPSES (Corners of Learning Styles for Primary, Secondary and Higher Studies) consists of working the themes or some topics that we have in our subject taking into account the Learning Styles presented by our students (active, reflective, pragmatic and theoretical) we can also use different learning styles to create groups through corners in the classroom and thus establish challenging activities.</p> <p>Objectives:</p> <ul style="list-style-type: none"> <li>• Provide students with greater knowledge of their abilities and skills through the corners of learning styles.</li> <li>• Provide teachers with a better understanding of their teaching style.</li> <li>• Generate meaningful learning in students through the use of learning styles corners</li> <li>• Promote cooperative, inclusive and creative classroom work</li> <li>• Create a link between universities and educational institutions as a hotbed of ideas and new ways of teaching.</li> <li>• evaluate the joint work of the entities, possibility of scientific material such as the elaboration of article, congresses, etc.</li> </ul>
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<p>Methods and outcomes</p>	<p>Contact partner universities of the European Union to work with the REAPSES method and thus reach an agreement to carry out a joint work among universities that involves the transmission and sharing of knowledge from each specialty. Students from universities in the European Union will make their mobility to know the work done in the subject given by the teacher at the University of Zaragoza and will present the joint material prepared in the online phase.</p> <p>Results:</p> <ul style="list-style-type: none"> <li>• Online work</li> <li>• Meetings meet</li> <li>• Presentation of universities, teachers and students through the use of digital resources.</li> <li>• Questionnaire of learning styles</li> <li>• Elaboration of material according to learning styles</li> <li>• Download of works made in a blog</li> <li>• Projection and diffusion of the elaborated material.</li> </ul> <p>The award of 6 ECTS credits is conditional on participation in the distance learning course and the intensive week, and on obtaining a final average equal to or higher than 5/10. The evaluation system combines an online component, represented by the delivery of the final work (which accounts for 100% of the total value), and a classroom component that evaluates both class attendance (60%) and participation in the proposed activities (40%). The final grade is obtained by calculating the weighted average of both parts.</p>
<p>Virtual Component Description</p>	<p>Knowledge among students and teachers and expectations about the work to be done. Use of digital resources to work the different corners of learning styles and consolidate this encounter through the elaboration of a product</p>
<p><b>Planned activities during virtual component:</b></p> <ul style="list-style-type: none"> <li>• Use of digital resources for the presentation of universities, teachers and students.</li> <li>• Information on the REAPSES method</li> <li>• Planning activities in the theoretical corner.</li> <li>• Planning activities in the reflective corner.</li> <li>• Active corner activity planning.</li> <li>• Pragmatic corner activity planning.</li> <li>• Final work</li> </ul> <p><b>Planned activities during physical component:</b></p> <p>1st day: 05/05/2025</p> <ul style="list-style-type: none"> <li>• Welcome from the group of students</li> <li>• Visit to the University of Zaragoza and the faculty of education</li> <li>• Explanation of what will be done in Zaragoza during the stay.</li> <li>• First contact between participants</li> <li>• Feedback activity, exchange days work done</li> </ul> <p>2nd day: 06/05/2025</p> <ul style="list-style-type: none"> <li>• Activity theoretical and reflexive corner</li> <li>• Lunch</li> <li>• Visit some place of Zaragoza related to the REAPSES METHOD</li> </ul> <p>3rd day: 07/05/2025</p> <ul style="list-style-type: none"> <li>• Continue with the elaboration of corners according to REAPSES method</li> <li>• Activity pragmatic and active corner</li> </ul>	

- Lunch
- Tour using the REAPSES method

4th day: 08/05/2025

- Implementation of corners
- Lunch
- Autonomous work

5th day: 09/05/2025

- Work product
- Feedback

Farewell from the group of students and delivery certificates

## Forest management and biodiversity conservation (Romania)

### GENERAL INFORMATION

Dates for physical activity	26/05/2025 – 30/05/2025
Location of physical activity	Transilvania University of Brasov (Romania)
Places available	5
Dates for virtual component	08/05/2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in Bachelor's, Master's, single-cycle degrees and PhD programs interested in studying the management of the National Forest Fund and biodiversity conservation in Romania.
Language requirements	English language skills necessary to attend the lectures and work independently (B1).
Field of Education	Scienze forestali, Scienze naturali, Scienze della terra, Scienze ambientali e Biologia.
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	<p>The main objective is to analyse the Romanian forest management system, high conservation values and forest conservation measures. Students will have the opportunity to identify conservation elements, to assess forest habitats with high conservation value and to learn how Romanian natural areas conserve biodiversity elements. Skills developed: Knowledge of the national network of protected natural areas of different I.U.C.N categories and of the types of protected areas management.</p> <p>The ability to apply vegetation inventory methods: specific sampling techniques, surveying, data processing and analysis. Learning the methodology of collecting phytosociological data, the principles and methods of phytocenosis classification.</p> <p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>• Use of modern techniques in biodiversity data collection</li> <li>• Vegetation descriptions (surveys) and mapping of forest habitats.</li> <li>• Establishing biodiversity conservation measures in protected natural areas.</li> </ul> <p>Evaluation of academic activity Conditions: participating in virtual and physical components. The assessment consists of a theoretical knowledge (grid test) and will take place at the end of the online activity day.</p> <p>On the basis of the theoretical knowledge test, students can participate in the study and practice week described. After passing the theoretical test and participating in the practical activities in the field, students receive the certificates for the 3 ECTS credits.</p>
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	Evaluation of practical activities in the field: collecting data, analysis of collected data, presentations of results and conclusions.
Virtual Component Description	Virtual component: 08.05.2025 (8 hours): Introductory session on Romanian forests. Administration of the national forestry domain. Preservation of biodiversity in Romania.
<p><b>Planned activities during physical component:</b></p> <p>Physical activity: 26.05.2025-30.05.2025 (total 40 hours)</p> <p>26.05.2025 (8 hours) Opening of the Erasmus event, S Building; Visit of the UNITBV campus and teaching bases Forest conservation status assessment: methods and approaches- Prof. dr.eng. Prof. Adrian INDREICA</p> <p>27.05.2025 (8 hours) Field data collection - Working visit in the forests around Brasov (hiking equipment is required, low-medium difficulty) Data collection using modern techniques -Prof. dr. eng. Mihai NIȚĂ and Ph.D lecturer eng. Mihnea CĂȚEANU</p> <p>28.05.2025 (8 hours) Practical applications in Bucegi Natural Park: conservation objectives - Prof. dr. eng. Adrian INDREICA, Conf. dr. eng. Prof. Dr. Florin HĂLĂLIȘAN, Șef lucr. Dr. eng. eng. Raluca Elena ENESCU (hiking equipment is required, low-medium difficulty)</p> <p>29.05.2025 (8 hours) Practical applications in Piatra Craiului National Park: conservation objectives - Prof. dr. eng. Adrian INDREICA, Assoc. prof. dr. eng. Florin HĂLĂLIȘAN, Ph.D Lecturer eng. Raluca Elena ENESCU, Ph.D Lecturer eng. Mihnea CĂȚEANU</p> <p>30.05.2025 (8 hours) (hiking equipment is required, low-medium difficulty) Analysis of collected data - Prof. dr. eng. Adrian INDREICA, Assoc. Prof. dr. eng. Florin HĂLĂLIȘAN, Ph.D Lecturer eng. Raluca Elena ENESCU, Ph.D Lecturer eng. Mihnea CĂȚEANU Results analysis and interpretation Conclusions on practical aspects</p>	

## Project Management within the European Business Environment (Romania)

### INFORMAZIONI GENERALI

Dates for physical activity	09/06/2025 – 13/06/2025
Location of physical activity	Transilvania University of Brasov (Romania)
Places available	5
Dates for virtual component	04/06/2025 – 20/06/2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in Masters and PhD programmes who are interested in project management in the European business environment.
Language requirements	English language skills necessary to follow the lectures and work independently (B1).
Field of Education	Project Management
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	<p>This BIP aims at developing project management competences within the European business environment. Its general objective is to create an inclusive and fair environment for learning and academic cooperation in order to increase HEI graduates' insertion on the labour market.</p> <p>The specific objectives are:</p> <ul style="list-style-type: none"> <li>• OS1. Acquiring the skills to analyse the strategic context of project implementation (feasibility analysis of the project idea) and to develop a project proposal by defining the project's purpose and managerial requirements.</li> <li>• OS2. Developing the skills to manage financial, human and logistic resources as well as risks related to a project, communication within the project and analysis of project quality indicators.</li> </ul>
Methods and outcomes	<p>The virtual component consists of two types of activities:</p> <ul style="list-style-type: none"> <li>- On June 4, 2025, there will be 3 online classes to present the BIP and to undertake introductory group activities</li> <li>- From June 16, 2025 to June 20, 2025, participants will benefit from 20 online classes of practice in elaborating and implementing a project proposal with tutorship from external practitioners.</li> </ul>

**Planned activities during physical component:**

June 4, 2025: Online activity - Introduction, BIP presentation, Ice-break activities (3h)

June 9-13, 2025: Face-to-face activity – Teaching on: 1) project aim; 2) project management requirements; 3) project costs and operational resource management; 4) risk management; 5) communication management within the project; 6) project quality management (40h)

June 16-20, 2025: Online activity – Practical activity on elaborating and implementing a project proposal with tutorship from external practitioners (20h)

Participation also implies 12h of individual work

## Impressions pyrénéennes: écrire le voyage en Europe (France)

### INFORMAZIONI GENERALI

Dates for physical activity	10/06/2025 – 14/06/2025
Location of physical activity	Université de Pau et des Pays de l'Adour (Francia)
Places available	5
Dates for virtual component	16/06/2025, 19/06/2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in Master's and PhD programmes in the following departments: Department of Foreign Languages, Literatures and Modern Cultures, Department of Humanities, Department of Historical Studies, Department of Philosophy and Educational Sciences, Department of Humanities and Interuniversity Department of Regional and Urban Studies and Planning
Language requirements	English and French language skills necessary to follow the lectures and work independently (B1).
Field of Education	Literature, history, art history and geography.
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	This BIP aims to (re-)discover the Pyrenean landscape drawing on the literary and artistic heritage of writers (travel notebooks and albums). The second aim is to introduce student to interdisciplinary projects such as "C.O.N.N.E.C.T. W.O.N.D.E.R.S" a digital humanities UNITA research project focussing
Methods and outcomes	Presentation and study of literary extracts with comparison of points of view concerning travel in the Pyrenees in the 19th century. Study and exercises on written translation and the oral interpretation of literary texts. Appreciation of topography and physical characteristics of the mountain environment through hands-on experiences of walks and hikes. Contextualisation of the texts studied. <b>Outcomes:</b> study, interpretation, translation and discovery of the natural and cultural heritage of the Pyrenees in French and in English
Dates for physical activity	Meeting one: getting to know you and introduction to the theme of the BIP with teachers' presentations Presentation of online resources for team work – Pyreneas platform and research articles

Meeting two: presentation by each team of one document in the selected list  
Post-BIP meeting: team group account of main findings and productions during the BIP

**Planned activities during physical component:**

1st day:

Bookbinding workshop: production of a personal travel notebook (M. Olier, MJC Läu) Group A  
Introduction to research: group work (Mmes Roussillon-Constanty et Simpson + UNITO colleagues) Group B  
Discovery tour: Following in the footsteps of the English (Mme Caroline Barrow, Guide l'Epicurieuse)

2nd day:

Bookbinding workshop: production of a personal travel notebook (M. Olier, MJC Läu) Group B  
Introduction to research: group work (Mmes Roussillon-Constanty et Simpson) Group A  
Conference: The Guides in Cauterets (Mme Céline Bonnal, Education Nationale)

3rd day:

Conference tour: Chemin de Cascades departing from Cauterets (M. Bernard Jamorski, UPPA)  
Introduction to poetic/fictional writing (Jean-Baptiste Maudet (UPPA) et Cristina Trincherro (UNITO))

4th day:

Conference tour: Le Lac de Gaube departing Pont d'Espagne (M. Bernard Jamorski, UPPA)

5th day:

Theatrical workshop at the Mediathèque: Restitution of projects realized Mme Roussillon-Constanty et Mme Simpson, UPPA Group work



## History, culture and traditions of mountain areas (Romania)

### INFORMAZIONI GENERALI

Dates for physical activity	16/06/2025 – 20/06/2025
Location of physical activity	Transilvania University of Brasov (Romania)
Places available	5
Dates for virtual component	27/05/2025 – 13/06/2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in the Bachelor's Degree Course in Mountain Sciences and Technologies - MONTES and in the Master's, Single Cycle or Doctoral Degree Courses in the following departments: Department of Foreign Languages, Literatures and Modern Cultures, Department of Humanities and Department of Historical Sciences.
Language requirements	English or French language skills necessary to follow the lectures and work independently (B1).
Field of Education	History
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	<p>The program gives participants the opportunity to get familiarized with elements of history, culture and traditions specific to Romanian mountain areas and to exchange similar information with participants from partner universities. The program is designed in a friendly manner with interactive activities (visits, information exchange and joint projects).</p> <p>Objective 1: to get to know the most important elements of the history of mountain areas in the last century. Objective 2: to contribute to an audio-video project with information on the culture and traditions specific to mountain areas in the regions where they live/study. Objective 3: to analyse comparative and contrastive elements of history and culture (holidays, customs, folklore, etc.).</p> <p>Evaluation Participants will develop and present a project in accordance with the BIP theme.</p>
Virtual component description	The online activities consist of sessions meant to engage learners in exploring (comparatively) the rich cultural heritage of the European mountain areas of each home country of the participants. Presentations regarding people and places that marked the history of

Romanian mountain areas in the past century, course about Romanian customs and traditions, the premises of an international audio-visual project focusing on European mountain areas in the 20th and 21st centuries.

**Virtual activity: 27.05.2025 - 13.06.2025** (Total of 6 hours: Synchronous online activity, 2 hours per week)

1 st week - Elements of history. People and places that have marked the history of the Romanian mountain area in the last century (Resistance movement, collectivization, the communist period, the 1987 Anti-Communist Riot from Braşov, Romanian revolution from 1989, economic changes in the post-communist era)

2 nd week - Romanian customs and traditions (popular costumes – motifs and techniques, the symbolism of the sewn motifs -, socialization through joint agricultural activities, traditional dances, food festivals, village museums etc.)

3 rd week - International audio-visual project. European mountain areas in the 20th -21st centuries. (proposed structure and layout of the project, interactive presentations)

Individual activity 9 hours per week (9 hours x 3 weeks = 27 hours) consisting in research on the history, culture and traditions of the mountain area of the home country (economic, social, ethnic, cultural aspects, traditions and customs, specific festivals, etc.).

**Physical activity: 16.06.2025 - 20.06.2025**

**16.06.2025 (8 hours):**

Elements of history of the Romanian mountain area (2 hours) - Stanca MĂDA; Romanian rural traditions (3 hours) - Violeta Ioana RUS; Elements of culture and civilization. Mountain folk music (3 hours) - Georgiana ARGĂSEALĂ;

**17.06.2025 (8 hours):**

Elements of Romanian language and civilization. Greetings in rural communities (2 hours) - Răzvan SĂFTOIU; Themes and motifs from Romanian folklore (3 hours) - Violeta Ioana RUS; Elements of culture and civilization. Museum of Memories from Communism (3 hours) - Georgiana ARGĂSEALĂ;

**18.06.2025 (10 hours):**

Visit to Făgăraş area (Făgăraş Fortress, Brâncoveanu Monastery in Sâmbăta de Sus, Beclean Rural Museum) Landmarks of the Romanian resistance against totalitarian regimes. Observation and analysis (2h) - Stanca MĂDA Anti-communist resistance and political imprisonment in Țara Făgăraşului (3h) - Constantin BĂJENARU and Elena BUJA (translation); Resistance through faith (2h) - Remus MOGOŞ and Georgiana ARGĂSEALĂ (translation); Resistance through family and rural community values. The role of the Youth Groups in Făgăraş area (3 hours) - Aurel TRĂMBIŢAŞ and Violeta Ioana RUS (translation);

**19.06.2025 (8 hours):**

Interactive project (4 hours) - Georgiana ARGĂSEALĂ and Violeta Ioana RUS; Elements of culture and civilization. Visit to the First Romanian School in Şcheii (4 hours) - Răzvan SĂFTOIU;

**20.06.2025 (8 hours):**

Minimal elements of mountain vocabulary (2 hours) - Stanca MĂDA; Elements of culture and civilization. Romanian dances (3 hours) - Stanca MĂDA; Interactive project presentation (3h) - Georgiana ARGĂSEALĂ.

## Gene and Cell-based therapy (Portugal)

### INFORMAZIONI GENERALI

Dates for physical activity	30/06/2025 – 04/07/2025
Location of physical activity	Universidade da Beira Interior (Portogallo)
Places available	10
Dates for virtual component	09/05/2025 – 30/05/2025
Application window	27/01/2025 – 13/02/2025 (ore 12)
Date for the evaluation of the career	31/01/2025
Participants profile	Students enrolled in the third year of the three-year course in Biotechnology and Molecular Biotechnology in the following area: Molecular Biotechnology.
Language requirements	English language skills necessary to follow the lectures and work independently (B1).
Field of Education	Molecular Biotechnology.
No of ECTS issued	3
ECTS recognition	The activity carried out in the framework of UNITA BIP <b>must be recognised</b> within the academic career at UniTo. Detailed information available in the <a href="#">How to recognise the BIP in your study plan</a> .

### OBJECTIVES AND PROGRAM (by the host university)

Objectives and description	The course will start by focusing on the fundamentals of gene and cell-based therapies and abord the forefront of research in these areas such as CRISPR and Gene Editing, CAR-T Cell Therapy, Gene Therapy, Stem Cell Therapies, immunotherapy, Regenerative Medicine, Synthetic Biology).
Virtual component description	The course will apply teaching approaches that prioritize students' needs, interests, and abilities, actively involving them in the learning process. The program includes seminars b experts in gene and cell-based therapies, promoting students' engagement with the material through discussions, and hands-on activities in groups with peer interactions to foste international collaboration and communication skills.  After the course, students will get an in-depth insight into the cutting-edge and rapidly de veloping field of cell and gene therapies.
Dates for physical activity	The virtual component will consist of a training seminar and a teamwork exercise prior to mobility.

#### Planned activities during virtual component:

2 synchronous sessions of 90 minutes each:

- 9<sup>nd</sup> May 2025: BIP general presentation, General presentation of the topic “Gene and Cell-based therapy”.
- Webinars:

Prof- Paola Cappello “Immunotherapy in solid cancer: from cancer vaccines to CAR-T cells”

Prof. Claudia Voena “Development of Targeted Immunotherapies for a Specific Oncoantigen”

Distribution of the themes for teamwork (each group will be constituted by students of different universities)

- 30<sup>nd</sup> May (teamwork presentation and discussion)

*Malin Parmar (webinar)- StemTherapy: National Initiative on Stem Cells for Regenerative Therapy — Lund University Discussion.*

**Planned activities during physical component:**

**1<sup>st</sup> day (30/06/2025):**

-Morning: Welcome + Team building activities

Seminar: Liliana Bernardino “Essential Current Concepts in Stem Cell Biology”

-Afternoon: Giorgio Merlo “Neural stem cells and difficulties of brain repair medicine” and hands-on activity in a group

**2<sup>nd</sup> day (01/07/2025):**

Morning: Welcome + Team building activities

Morning: “CAR-T Therapy: Modifying our cells to fight cancer”. Speaker: Diego Sánchez

Afternoon: Seminar (Gene therapy) and hands-on activity in a group

*José Bragança: “Regenerative Medicine in cardiogenesis”*

Cultural and leisure activities.

**3<sup>rd</sup> day (02/07/2025):**

Morning: “Bioengineering Organs for Transplantation: The Future of Transplantation Medicine?”. Pedro Baptista, and team-work

Afternoon: Seminar/webinar: “Organ-on-chip”- Sónia Miguel

Cultural and leisure activities.

**4<sup>th</sup> day (03/07/2025):**

Morning: “Bioprocesses for DNA vaccines”. Seminar and Laboratory practical work. Angela Sousa (UBI) and Tiago Matos (USA-Merk) and team-work

Afternoon: Claudia Voena “Strategies for Uncovering Resistance Mechanisms to Targeted Therapies and Identifying Novel Cancer Vulnerabilities”

**5<sup>th</sup> day (04/07/2025):**

Final presentations by the groups of students.

Farewell lunch.